

LONG ISLAND

PULSE

DINING / THE ARTS / LIFESTYLE / BUSINESS

THE SPRING ISSUE
THAT WILL MAKE YOU
LOOK GOOD
FEEL GOOD
LIVE GREAT



INTERVIEW: EDIE FALCO
TRAVEL: PUNTA CANA
LONG ISLAND HISTORY MONTH
FASHION: GARDEN GLAMOUR

LONG ISLAND'S
TOP DOCTORS

Treatments for Spectacular Summer Tresses

by toni munna

WHO DOESN'T HAVE HAIR ISSUES?

I know I do, so I took the trouble of scouting some products you'll want to take center stage of your shower.

Although I've only tried it three times, **Belegenza's GrowOut Shampoo and Strengthen** actually seemed to make my hair look and feel thicker. The food-grade formula includes a "vitaminized peptide complex," which they claim stimulates follicle anti-aging. It removes all synthetic ingredients from previously used products and they say their research shows 67% of volunteers had an increase in new hair growth! About \$25 for 8 ounces.

Unite Eurotherapy's 7Seconds Condition Leave-in Detangler (about \$20, 8 oz) is touted as Eva Longoria's favorite, but this salon product does just what it claims—detangle your hair in 7 seconds. It also helps lock in color and provides UV protection. Their **Expanda Volume Root Energizer** (about \$14, 8 oz) gives a great lift to fine hair, but can be used sparingly on fuller hair for improved body.

I tried the **Bosley Professional Strength Volumizing & Thickening line**, including the Styling Mousse (about \$13, 6.6 oz) and Hairspray (\$18, 9 oz). While it did give volume to my hair, the mousse also

made my hair feel a little bit tacky. Their hairspray, on the other hand, is terrific. I now use it all the time. I spray it on and then run my fingers through my hair. The style stays, but loosened up. Good stuff!

My favorite volumizing product? **göt2b fat-tastic instant Collagen infusion**. This stuff is awesome! It's a root-boosting spray that really gives a great lift without making your hair stiff. The applicator could be made to better suit hitting the roots (the spray could be narrower), but that's a small gripe compared to the results it delivers. About \$11 for 6 ounces.

With the hot and humid days of a Long Island summer nearly upon us, you will want to check out **göt2b Smooth Operator Hair Spray**. Infused with cashmere (!), this finishing spray will smooth your hair and tame those frizzies right down. It provides a milder hold, keeping your style loose and very touchable. About \$10 for 9.2 ounces.

In a hurry? **Salon Grafix's Invisible Dry Spray Shampoo** is the first dry shampoo I've ever used that actually works. Spray it on, let it dry for one minute, then brush thoroughly, and your hair is given a six hour reprieve from the need to shampoo! I used it recently when I had "spa head"—full of facial and massage products. I was going out that night and I didn't want to shower off all the good stuff my skin took in that day, so I used this spray and to my delight, it did the job! About \$5 for 4 ounces. ☺

TIP: After blow-drying your hair, give it a once over with cold air to set the style.

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